

# SATIETY FRUIT SHOTS

## Need help in managing your weight?

Kerry introduces a low-carb satiety/prebiotic enhancing beverage in shot format. A simple combination of fruit juices with Emulgold™ a clinically proven satiety enhancing fibre, proven to help you to eat less between meals. Simple shots (60g), to provide on-the-go convenience in your hectic lifestyle - in your bag, on your desk. Designed to be consumed directly or may be diluted in water.

### Kerry Technologies

Emulgold™

Kerry Natural Flavours

### Emulgold™

Satiety effects clinically proven (5g per serving, human trials)

Clinically proven prebiotic effect (10 g per day)

Natural, organic plant based fibre

Heat and acid stable

Soluble dietary fibre

Clean label

### What is satiety?

Satiety is the feeling of hunger satisfaction between meals, i.e. not having the urge to eat between meals. Snacking tendencies or subsequent meal intake are therefore reduced.

### What is prebiotic?

Prebiotics are defined as non-digestible substances that provide a beneficial physiological effect on the host/person by selectively stimulating the growth or activity of a limited number of indigenous bacteria (bacteria that are already naturally occurring in the human gut).



### Consumer Labeling

Water, juice, gum acacia fibre, natural flavourings.

Kerry Ingredients & Flavours  
EMEA Region  
[www.kerry.com](http://www.kerry.com)

**KERRY**