

OATS-TO-GO

A nutritious oat based beverage snack

For in-between-meal, on-the-go consumption to promote hunger satisfaction between meals. Contains oats in half-skim-milk, enriched with Kerry's Emulgold™ fibre, which has been clinically proven to provide hunger satisfaction between meals and reduce energy intake up-to 3h after consumption.

Kerry Technologies

Emulgold™

Kerry Natural Flavours (Toffee & Custard Vanilla)

Buvatex™ ST 3035 (for product protein stabilization)

Emulgold™

Satiety effects clinically proven (5g per serving, human trials)

Clinically proven prebiotic effect (10 g per day)

Natural, organic plant based fibre

Heat and acid stable

Soluble dietary fibre

Clean label

What is satiety?

Satiety is the feeling of hunger satisfaction between meals, i.e. not having the urge to eat between meals. Snacking tendencies or subsequent meal intake are therefore reduced.

What is prebiotic?

Prebiotics are defined as non-digestible substances that provide a beneficial physiological effect on the host/person by selectively stimulating the growth or activity of a limited number of indigenous bacteria (bacteria that are already naturally occurring in the human gut).

A 250 ml serving provides

5 g of Emulgold™ fibre, clinically shown to have satiety effects at 5 g per serving.

5 g of oat flakes per serving



Consumer Labeling

Water, half-skim-milk, glucose, sucrose, gum acacia fibre, oats, mono-diglyceride, locust bean gum, tripotassium citrate, natural flavourings.

Kerry Ingredients & Flavours
EMEA Region
www.kerry.com

